

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Breakfast WG Bagel/WG Toast Sausage Link Honeydew Juice Milk, variety</p> <p>Lunch Spaghetti Meat Sauce WG Noodles Chicken Burger w/Bun Steamed Veggies Fruit Milk, Variety</p>	<p>2 Breakfast WG Cereal Pears Juice Milk, variety</p> <p>Lunch Hot Dog w/Bun Corn dog Potato Wedge Baked Beans Banana Milk, Variety</p>	<p>3 Breakfast Biscuits/Gravy Oranges Juice Milk, variety</p> <p>Lunch Cheeseburger w/Bun Chicken Ranch Wrap French Fries Lettuce/Tomato/Onion Fruit Mix Milk, Variety</p>	<p>4 Breakfast Waffles/Syrup Sausage Pineapple Juice Milk, variety</p> <p>Lunch Meatballs Chicken Nuggets Mashed Potato/Gravy Steamed Veggies Oranges Milk, Variety</p>	<p>5 Breakfast Cheesy Scrambled Eggs WG Toast Apples Juice Milk, variety</p> <p>Lunch WG Mac & Cheese or/Red Sauce Salad & Dressing Fresh Fruit Milk, Variety</p>
<p>8 Breakfast WG French Toast Sticks/Syrup Peaches Juice Milk, variety</p> <p>Lunch Chicken Alfredo WG Noodles McRib w/Bun Steamed Veggies Tropical Fruit Milk, Variety</p>	<p>9 Breakfast WG Toaster Pastry w/Cheese Stick Pears Juice Milk, variety</p> <p>Lunch Oriental Chicken Rice Pilaf Burrito/Salsa/Sour Cream Lettuce/Tomato/Cheese Banana Milk, Variety</p>	<p>10 Breakfast WG Toast/English Muffin Hardboiled Egg Oranges Juice Milk, variety</p> <p>Lunch Hot Ham & Cheese Fish Sandwich w/Bun Steamed Veggies Apple Milk, Variety</p>	<p>11 Breakfast Breakfast Pizza Pineapple Juice Milk, variety</p> <p>Lunch Quesadilla Pizza Bread Salad & Dressing Oranges Fruit Milk, Variety</p>	<p>12 Breakfast Pancake Wrap/Syrup Apples Juice Milk, variety</p> <p>Lunch Salisbury Steak Mashed/Gravy Dinner Roll Steamed Veggies Apples Fruit Milk, Variety</p>

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<p>15 Breakfast WG Breakfast Wrap/Salsa Peaches Juice Milk, variety</p> <p>Lunch Ravioli Lasagna Roll-Up Breadstick Salad & Dressing Pears Milk, Variety</p>	<p>16 Breakfast Spinach Egg Bake/WG Toast Pears Juice Milk, variety</p> <p>Lunch Chicken Drumstick Polish w/Bun & Chips Herb Noodles Fresh Veggies Banana Milk, Variety</p>	<p>17 Breakfast No School</p> <p>Lunch</p>	<p>18 Breakfast No School</p> <p>Lunch</p>	<p>19 Breakfast No School</p> <p>Lunch</p>
<p>22 Breakfast WG Cereal Peaches Juice Milk, variety</p> <p>Lunch Deli Sandwich Ham or Bologna Chips Lettuce, Tomato, Cheese Mixed Fruit Milk, Variety</p>	<p>23 Breakfast Cinnamon Roll/Fruit Muffin Pears Juice Milk, variety</p> <p>Lunch Swedish Meatballs w/Dinner Roll Fish Sandwich Mashed/Gravy Steamed Veggies Banana Milk, Variety</p>	<p>24 Breakfast Biscuits/Gravy Oranges Juice Milk, variety</p> <p>Lunch Creamy Chicken w/Biscuit Cheeseburger w/Bun Fresh Veggies Apple Milk, Variety</p>	<p>25 Breakfast Dutch Waffle/Syrup Sausage Pineapple Juice Milk, variety</p> <p>Lunch Chicken Tenders Sloppy Joe w/Bun Veggie Rice Mix Steamed Veggies Fresh Fruit Milk, Variety</p>	<p>26 Breakfast Cheesy Scrambled Eggs WG Toast Apples Juice Milk, variety</p> <p>Lunch Meatball Sub Chips Fresh Veggies Fresh Fruit Milk, Variety</p>

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<p>29</p> <p>Breakfast WG French Toast Sticks/Syrup Peaches Juice Milk, variety</p> <p>Lunch Spaghetti WG Noodles Chicken Burger Steamed Veggies Tropical Milk, Variety</p>	<p>30</p> <p>Breakfast WG Toaster Pastry w/Cheese Stick Pears Juice Milk, variety</p> <p>Lunch Hot Dog w/Bun Corn Dog Potato Wedge Fresh Veggies Banana Milk, Variety</p>	<p>31</p> <p>Breakfast WG Toast/English Muffin Hardboiled Egg Oranges Juice Milk, variety</p> <p>Lunch Goooulash Chicken Ranch Wrap Happy Halloween Treat Steamed Veggies Apple Milk, Variety</p>	<p>1 November</p> <p>Breakfast Breakfast Pizza Pineapple Juice Milk, variety</p> <p>Lunch Meatballs Chicken Nuggets Mashed Potato/Gravy Fresh Veggies Oranges Milk, Variety</p>	<p>2 November</p> <p>Breakfast Pancake Wrap/Syrup Apples Juice Milk, variety</p> <p>Lunch WG Mac & Cheese w/Red Sauce Salad & Dressing Fresh Fruit Milk, Variety</p>

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Menu Subject to Change – Flavored 1% or Skim Milk Served Daily. K-6 will be served first menu item marked Elementary. Fruit & Veggies are fresh or canned (low sodium). We serve Whole Grain Noodles, Rice & Breads.

Lunch Salad – Mixed lettuce, Cheese, HB Egg or Meat, Crouton or Bread Stick, Fresh Veggies, Fresh Fruit, Milk or Juice.